

EDWARD N. STANHOPE

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EXPERIENCE

JAN 2022 – PRESENT

DEPUTY MODULE ORGANISER, CLINICAL TRIALS

LONDON SCHOOL OF HYGIENE & TROPICAL MEDICINE



NOV 2020 - PRESENT

SENIOR LECTURER, SPORT THERAPY

STAFFORDSHIRE UNIVERSITY



JAN 2020 – 2022

DISTANCE LEARNING TUTOR, CLINICAL TRIALS

LONDON SCHOOL OF HYGIENE & TROPICAL MEDICINE



SEPT 2019 – NOV 2020

LECTURER, SPORT THERAPY

STAFFORDSHIRE UNIVERSITY



FEB 2016 – SEPT 2019

LECTURER, SPORT THERAPY

UNIVERSITY COLLEGE BIRMINGHAM



SEPT 2014 – FEB 2016

LECTURER, SPORT

BOURNVILLE COLLEGE



SEPT 2013 – SEPT 2014

GRADUATE TEACHING ASSISTANT, SPORT THERAPY

UNIVERSITY COLLEGE BIRMINGHAM



EDUCATION

CURRENT

PHD STUDENT, EXERCISE IN ONCOLOGY

UNIVERSITY OF WOLVERHAMPTON



SEPT 2020

MSC CLINICAL TRIALS, DISTINCTION

LONDON SCHOOL OF HYGIENE & TROPICAL MEDICINE



SEPT 2019

MA TEACHING & LEARNING, DISTINCTION

UNIVERSITY OF BIRMINGHAM

AWARDED POSTGRADUATE DISSERTATION OF THE YEAR



SEPT 2014

PGCERT TEACHING & LEARNING IN VOCATIONAL SUBJECT,

UNIVERSITY OF BIRMINGHAM



SEPT 2013

BSC (HONS) SPORT THERAPY, FIRST CLASS

UNIVERSITY OF BIRMINGHAM

AWARDED EDDIE MCINTYRE STUDENT OF THE YEAR



PUBLICATIONS

2022

Cabral, L., Stanhope, E. N., Wyon, M., Lahart, I., Cloak, R. (2022) A systematic review investigating the effects of physical activity on balance, stability, posture, gait and fall prevention in adults with multiple sclerosis. PROSPERO CRD42022286463 Available from: https://www.crd.york.ac.uk/prospero/display_record.php?ID=CRD42022286463

Stanhope, E., Carmichael, A., Gidlow, C., Cabral, L., Campbell, K., Lahart, I. (2022) The effects of exercise interventions on physical function in people with cancer: a systematic review and meta-analysis of randomised controlled trials protocol. PROSPERO 2022 CRD42022289197 Available from: https://www.crd.york.ac.uk/prospero/display_record.php?ID=CRD42022289197

2021

Kearney, A., Ashford, P., Conway, T., Cragg W., Devane, D., Gardner, H., Gaunt, D., Gillies, K., Harman, N., Hunter, A., Lane, A., McWilliams, C., Murphy, L., O’Nions, C., Stanhope, E., Vellinga, A., Williamson, P., Gamble, C. (2021) Developing an online, searchable database to systematically map and organise current literature on retention research (ORRCA2). *Clinical Trials*, doi: [10.1177/174077452111053803](https://doi.org/10.1177/174077452111053803)

2020

Godwin, M., Stanhope, E., Bateman, J., & Mills, H. (2020). An acute bout of self-myofascial release does not affect drop jump performance despite an increase in ankle range of motion. *Sports*, doi:[10.3390/sports8030037](https://doi.org/10.3390/sports8030037)

Godwin, M., Matthews, J., Stanhope, E., & Richards, K. (2020). Intra and intersession reliability of the Run Rocket™ in recreationally trained participants. *Journal of Human Sport and Exercise*, 0. doi:10.14198/jhse.2021.161.05

2019

Stanhope, E., Naemi, R., Bateman, S., Warnett, R., & Burt, D. (2019). The effects of cryocompression (GameReady) therapy on shoulder joint proprioception: Protocol. Retrieved from <https://osf.io/rw5dz>

Matthews, J. J., Stanhope, E. N., Godwin, M. S., Holmes, M. E., & Artioli, G. G. (2019). The magnitude of rapid weight loss and rapid weight gain in combat sport athletes preparing for competition: A systematic review. *International Journal of Sport Nutrition and Exercise Metabolism*, 29(4), 441-452. doi:10.1123/ijsnem.2018-0165

CURRENT PROJECTS

PROVERB; The feasibility of a multi-phasic exercise-based intervention utilising the Health Action Process Approach and wearable technology in women before and after surgery for breast cancer

CANDANCE; Exercise-based cancer rehabilitation for women post-adjuvant therapy but beginning hormone therapy

The effects of exercise interventions on physical function in people with cancer. A systematic review and meta-analysis of randomised controlled trials

A systematic review investigating the effects of physical activity on balance, stability, posture, gait and fall prevention in adults with multiple sclerosis

The association between low muscle mass and chemotherapy toxicities in people with cancer: a systematic review

The role of exercise in limiting progression from liver inflammation and fibrosis to cirrhosis and carcinoma: a systematic review of human and animal studies

COLD; The effects of CryOcompression (Gameready) on shouLDer proprioception in health adults

PEER REVIEW

BMJ OPEN

SOURCE-WORK-ID: 47095710-88676628

SOURCE-WORK-ID: 44477705-88676628

SOURCE-WORK-ID: 46882612-88676628

SOURCE-WORK-ID: 43168428-88676628

SOURCE-WORK-ID: 40139070-88676628

SIX RECENT COURSES

- LUBAS Sports Trauma Management
- Introduction to The Biology of Cancer (Coursera)
- Managing Your Health: The Role of Physical Therapy & Exercise (Coursera)
- The secrets of success in writing, publishing, and disseminating research (UK Equator)
- Introduction to Good Clinical Practice- Primary Care (NIHR)
- Introduction to Systematic Review and Meta-Analysis (Coursera)

REFEREES

MIKE PHILLIPS

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STAFFORDSHIRE UNIVERSITY
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DR IAN LAHART

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